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# CRADLEY CE PRIMARY SCHOOL

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## PE at Cradley CE Primary School

### **Intent**

At Cradley, PE is an integral part of our children's journeys through school; we feel passionately about encouraging all children to develop active, healthy lifestyles as well as nurturing and developing talents displayed in individual children. We do this by providing a curriculum which fosters children's desire to succeed and excel in competitive sport and other physically-demanding activities. We provide a variety of physical activities in a range of environments, which allows all children to engage. We recognise the vital contribution of physical education to a child's physical, cognitive, social and emotional development, as well as the role it can play in relation to a child's spiritual, moral and cultural development. By the time our children end their PE journey at Cradley, we aim for them to be physically literate, have stamina and resilience to keep going, have a well-developed sense of their capabilities and a passion to engage with physical activities. I truly believe that instilling a passion or enjoyment for any form of activity now, will pave a child's lifepath.

### **Implementation**

At Cradley, our curriculum has been designed as a 3-year rolling program from the National Curriculum and the Early Learning Goals. Each class has 2 hours of timetabled physical activity each week. In EYFS and KS1, we teach topics which cover the fundamental movement skills needed for our children to be physically literate. In KS2, we use sport-based topics as a vehicle to teach the necessary skills for children to become physically competent. Across our school, we also follow Real PE which provides a values-based approach to PE where the children learn and build upon the fundamental skills whilst also developing their self-esteem, confidence, emotional well-being and thinking skills.

We ensure coverage of OAA through the use of our on-site orienteering trail, trips such as bell boating and our KS2 residential trip to JCA. Each class also has Forest School for two half terms each year to promote physical activity in a different environment.

Our curriculum extends outside of the classroom through our offer of a variety of free physical activity clubs. We promote healthy competition through our engagement with our local cluster schools, School Games events and through intra-school events. We also ensure all children in UKS2 have experience of at least one out-of-school event, whether it be as part of a team in a tournament or through values-based activities such as Climbing for Confidence. This commitment to ensuring all children are engaged with PE is demonstrated through our retention of the Platinum School Games Mark. We consistently promote a healthy lifestyle through our active break and lunch times, healthy snack initiative, active classrooms and our yearly Healthy Schools Week.

To foster our children's lifelong interest in sport and physical activity, we engage with worldwide, national and local events such as The Commonwealth Games and our local basketball team, Worcester Wolves. Wherever possible, we bring the excitement of sporting events into school such as The World Cup and inspire our children to be determined and succeed through inviting athletes into school.

### **Impact**

Our children leave Cradley school with the fundamental movement skills they need to succeed in high school and beyond. Alongside this, they take with them a love for sport and a bank of physical activity experiences. Currently, 84% of our KS2 children engage with at least one of our clubs and 62% engage with sports clubs in our local area.