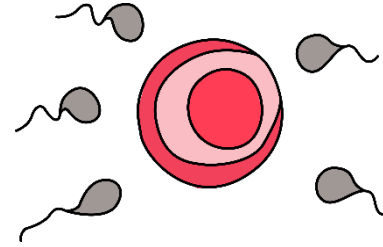




PSHE: What will change as we become more independent?



Subject Specific Vocabulary	
Puberty	The physical stage of development between childhood and adulthood
Loving	Feeling or showing love or great care
Sexual	Activities connected with physical attraction or intimate physical contact between individuals
Reproduction	A male and female producing a baby
Conception	The action of conceiving a child
Birth	The act of bearing offspring from the uterus

Sticky Knowledge
There is a big difference between a loving relationship and a sexual relationship. It is important to ensure we are always treated with respect.
People who are attracted to and love each other can be of any gender, ethnicity or faith.
During puberty for girls, the larynx (voice box) grows, skins becomes oilier, hair grows under armpits, on arms and legs, and in the pubic area.
Similar for puberty in boys, the larynx (voice box) grows, skin becomes oilier, hair grows under armpits, on arms and legs, in the pubic area and also on the chest. In addition to this, the scrotum, testes and penis develop.
Both genders grow taller, sweat glands produce more sweat and all parts of the body grow.
A baby is conceived when a female's egg is fertilised by a male sperm. The gestation period for a human baby is 9 months.

Exciting Websites
Top facts about puberty Childline
Human reproduction - KS2 Science - BBC Bitesize
Interesting Facts
Puberty can start at different ages - usually between 8 and 13 if you're a girl and 9 and 14 if you're a boy.
Everyone starts puberty at different times. It's completely normal to start before or after your friends!